

February-10

FACILITY SCHEDULE



Facility Hours 922-2240

Monday - Thursday 5:30am - 8:30pm
Friday 5:30am - 6:00pm
Saturday 10:00am - 8:00pm
Sunday 10:00am - 6:00pm

Reserve the pool, climbing wall or gym for a birthday party!

Call 970-922-2240

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquatics Pool Hours Subject to change please call - 922-2240						
Open Swim 12:00pm - 8:00pm	Open Swim 12:00pm - 8:00pm Water Fit 4:00pm - 5:00pm	Open Swim 12:00pm - 8:00pm Water Fit 6:00pm-7:00pm	Open Swim 12:00pm - 8:00pm Water Fit 4:00pm - 5:00pm	Open Swim 12:00pm - 5:30pm	Open Swim 10:00am - 7:30pm	Open Swim 10:00am - 5:30pm
Water Fit 6:00pm-7:00pm				Water Fit 10:00am - 11:00am		
Gym Gym hours subject to change please call - 922-2240						
Mom & Me Class 11:00am-12:00pm		Mom & Me Class 11:00am-12:00pm				
	Drop in Basketball 12:30pm-2:00pm	After School Program 2:00pm-4:30pm				Family Game Night 5:00pm-7:00pm
Drop in Basketball 6:00pm-9:00pm	Drop in Volleyball 6:00pm-8:30pm	Volleyball League 6:00pm-9:00pm	Basketball league 6:00pm-9:00pm			
Climbing Wall BYOG "Bring your own gear" - after Certification & Orientation						
BYOG 5:30am - 4:00pm	BYOG 5:30am - 4:00pm TV Climbing 5:15pm - 6:00pm	BYOG 5:30am - 4:00pm	BYOG 5:30am - 4:00pm	BYOG 5:30am - 6:00pm	BYOG 10:00am - 8:00pm	BYOG 10:00am - 6:00pm
LV & BV Climbing 4:30pm - 6:30pm	Facilitated Climbing 4:00pm - 8:00pm	Bldering / Lead Class 5:30pm - 7:30pm	Facilitated Climbing 4:00pm - 8:00pm			
Fitness Classes subject to change please call - 922-2240						
	Core Yoga 8:30am - 10:00am		Core Yoga 8:30am - 10:00am			
		Kid's Yoga 4:00pm-4:45pm				
Stretch & Restore Yoga 5:00pm-6:00pm	Pilates Mat 5:30pm - 6:30pm	Stretch & Restore Yoga 5:00pm-6:00pm	Pilates Mat 5:30pm - 6:30pm			
Vinyasa Flow Yoga 6:00pm-7:15pm		In-Depth Vinyasa Flow 6:00pm-7:15pm				
Indoor Cycling 6:00pm-7:00pm	Martial Arts Club 7:00pm - 8:00pm	Indoor Cycling 6:00pm-7:00pm	Martial Arts Club 7:00pm - 8:00pm			